

# EMPLOYEE ASSISTANCE *program*

Did you know all employees of The Villages Health have access to the Employee Assistance Program (EAP)? EAP is available 24 hours per day, 7 days per week and is 100% confidential.

## COUNSELING

---

You have access to three phone counseling sessions at no cost. Counseling is 100% confidential and can help you address stress, relationships and other personal issues you and your family may face throughout the year.

## ADVICE

---

You can speak with other professionals on a wide range of issues, including:

### FINANCIAL

- › Getting Out of Debt
- › Credit Card or Loan Problems
- › Tax Questions
- › Retirement Planning
- › Estate Planning

### WORK-LIFE

- › Child and Elder Care
- › Moving and Relocation
- › College Planning
- › Pet Care
- › Home Repair

### LEGAL

- › Divorce and Family Law
- › Debt & Bankruptcy
- › Landlord/Tenant Issues
- › Real Estate Transactions
- › Civil & Criminal Actions
- › Contracts

Legal resources include a free 30-minute consultation with a 25% reduction in customary legal fees thereafter.

## CONTACT

---

The EAP program is 100% confidential through ComPsych. Call 1-800-460-4374 today or go online for additional information at [www.guidanceresources.com](http://www.guidanceresources.com).

Company ID - EAPEssential  
Company Listed - Holding Company

**The Villages Health**