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thevillagesdailysun.com

CONSUMER NEWS

INTERIOR WORK PASSES INSPECTION AT REGIONAL REC COMPLEX

Interior framing and insulation work has passed inspection at Ezell Recreation Complex, an amenity under construction in the Village of St. Catherine. C10

LOCAL MAN OF STEEL DONS FAMILIAR RED CAPE

Dennis Brumbaugh sometimes wears a Superman costume when he helps his neighbors. C3

THE DAY ON WALL STREET

Daily Stocks, C11



24,000



Dow -68.30 Close: 30,335.67



Nasdaq **Close:** 12,850.22



S&P 500 -8.32



Backstory



Sumter County Veterans Service office manager spoke with the Daily Sun about the services the office provides.

Interview, C4

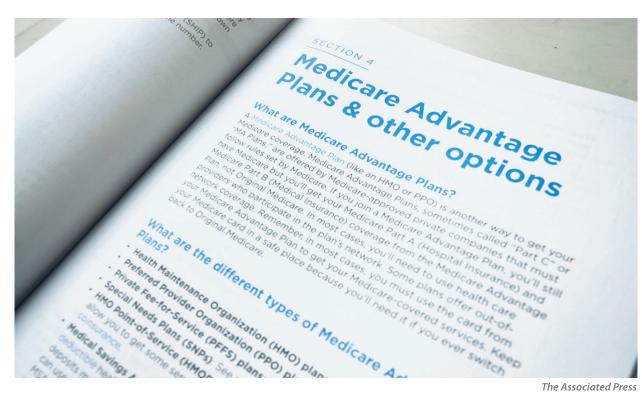
Our Town

WHERE WE LIVE AND WHO WE ARE

Second Medicare Open **Enrollment Begins**

By MACKENZIE RAETZ | Daily Sun Specialty Editor

Though the annual Medicare open enrollment period wrapped up Dec. 7, seniors have the opportunity to make certain changes during the Medicare Advantage Open Enrollment, which begins Friday and lasts through March 31. "The open enrollment period is an opportunity for the potential member to change if they feel they made a mistake," said Emilio Noble, executive director of sales and marketing for The Villages Health. "It addresses buyer's remorse." Anyone in the community also can take advantage of a class called "Medicare Simplified: How to Choose Worry-Free Health Care" through The Villages Health's learning center to learn more about their options. To sign up, go to the village shealth.com/learning-center. Here is what else to know about the enrollment period:



The Associated Press

What can be changed: Seniors on Medicare Advantage can switch Medicare Advantage plans or drop a Medicare Advantage plan and go to Original Medicare once during this period. You can't switch from Original Medicare to Medicare Advantage. "Let's say they chose a different health plan and they find out the network is much more narrow than they thought," said Bob Trinh, chief executive officer of The Villages Health. Trinh said seniors should make sure a plan is right for them. The annual enrollment period, Oct. 15-Dec. 7, is shorter, sometimes making it harder for people to think through choices.

The Villages Health: The Villages Health accepts UnitedHealthcare Medicare Advantage and Florida Blue Medicare Advantage plans for primary care. The Villages Health's specialty care does participate in Original Medicare, but primary care does not. "That is due to the fact that Medicare Advantage Plans provide funding based on how healthy we can keep our patients ... with Medicare Supplement Plans, a primary care group gets reimbursed based on volume of visits and not the health outcomes of their patients," Trinh said. "We believe it is beneficial to the patient to focus on keeping them healthy from the start."

How to get help: There are seven health insurance resource centers throughout The Villages that have agents who can assist people in picking the best plan for them. Find a location at thevillageshealth.com/medicareresources/find-an-agent. Serving Health Insurance Needs of Elders (SHINE) also offers free and unbiased health insurance counseling to seniors. Those interested in counseling can call the Elder Helpline at 1-800-963-5337 or go to floridashine.org. Betty Cunningham, local SHINE area coordinator, said it's crucial to ask for help because professionals can prepare you for the unexpected.

ENTERTAINMENT

SQUARE UP ON SOME

The Village Squares is offering a beginner class at 7 p.m. Tuesday.

If you are new to square dancing or need a refresher course, this course at Burnsed Recreation Center is right up your alley. There is no cost to attend this class, and it is open to Villages residents. Those who attend and enjoy the class can return the following week. For information, call Judy Mason at 732-619-1017.

– Michael Fortuna, Daily Sun

Pounds

Live Oaks Community Church congregants donated 14,836 pounds of food to Seeds of Hope this year, an 89% increase from 2019.

— James Dinan, Daily Sun

CHARITY NEWS

SOUTH LAKE COMMUNITY FOUNDATION GIVES GRANT

Habitat for Humanity of Lake-Sumter was the recipient of the payment

Habitat for Humanity of Lake-Sumter received \$20,000 to support critical home repairs in its Preservation and Repair program. Preservation and Repair provides safety and accessibility modifications to costburdened homeowners. Habitat for Humanity of Lake-Sumter, Florida has assisted Lake and Sumter counties since

> · Maddie Cutler, Daily Sun



FDOH FLU **REVIEW SHOWS FLU ACTIVITY** REMAINS LOW For the week ending

Gloria Nolan | Village of Glenbrook

Moment of Zen

Email your photo to photos@thevillagesmedia.com with "Moment of Zen" as the subject. Include your name and village/city. Photos should be from our community.



LifeSouth Community Blood Centers is having mobile blood drives noon-5 p.m. today and 10 a.m.-5 p.m. Thursday at the Walmart at 4085 Wedgewood Lane in The Villages. The bloodmobile will be present 10 a.m.-5 p.m. Friday at the Summerfield Walmart at 17961 U.S. Highway 441 as well. To make an appointment to donate, go to lifesouth.org and click "Find a Blood Drive."

Transition Life Consultants To Host Event, Offer Recorded Sessions Online

Mackenzie Raetz 4666

352-753-1119, ext. 5354 mackenzie.raetz @thevillagesmedia.com

Transition Life Consultants — a group of retired, volunteer mental health professionals — will host an "Ask TLC" session at 10 a.m. Jan. 14 over Zoom. A panel of consultants will talk about dealing with illness and grief from a distance, and participants will have the opportunity to ask questions. Registration is required and can be completed at tlc-services.org. People also can access some past presentations on the website, including videos and links to slide presentations. Recorded session topics include "Sadness vs. Depression and Stress vs. Anxiety," "What I Think in My Mind Controls My Life" and "How Self Esteem Affects Your Life."

Dec. 19, most Florida counties showed no or mild flu activity, and one showed moderate activity, according to the Flu Review report released weekly by the Florida Department of Health. However, 15 counties reported an increase in activity while others had plateauing, decreasing or unknown activity. No dominant strain is identified yet in the season.

