

# The Villages Health®

AUDIOLOGY PATIENT NEWSLETTER  
January 2022

**Hear Better. See Better.  
Live Life Well.**



While we sometimes take our body's senses for granted,  
going 5 for 5 helps us thrive.



With respect to functional abilities, it is vital to...

***Hear Better. See Better. Live Life Well.***

With aging's growing influence on vision and hearing, it is estimated that by 2030, as many as 14 million older U.S. adults will develop Dual Sensory Loss (DSL). When **two of the body's five senses** are not functioning optimally, activities of daily living can be challenging. For too many, DSL reduces quality of life by limiting physical, emotional and social capacities.

Most people take care of their sight because, for example, driving without seeing clearly is unsafe. Perhaps that's why updating your driver's license usually requires a vision test.



**WOULD YOU DRIVE *WITHOUT GLASSES?***

*Don't wait years,  
take care of your ears...*



with  
personalized  
hearing devices.



**Take  
control  
now.**



**Hear better now so life doesn't fade away**

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Research indicates those with both vision and hearing loss may have personal hardships with interactive daily communication, while being at increased risk of social isolation, depression and falls. When you see and hear better, you can more confidently *Live Life Well*.

As research states: *“Our study could have potential public health policy implications, as it suggests that identifying and targeting dual sensory impairment in older adults could be a potentially useful strategy for preventing a decline in their life expectancy.”*



Further, *“Given that one in four people aged 80+ years experiences dual sensory impairment, it is important that professionals working in both vision and hearing services are able to recognize cases of dual sensory impairment, **tailor rehabilitation solutions** accordingly and coordinate multidisciplinary input as required.”*

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By comparison, not enough folks are in the healthy habit of taking care of their hearing. Just as we focus on 20/20 vision as a goal, personalized fitting of advanced hearing devices will help you hear and understand your best.

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# 20/20 Vision

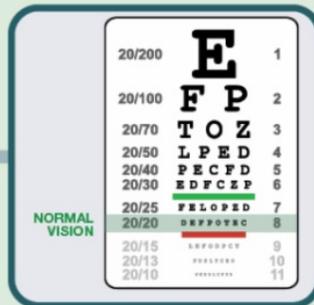
Helps Us Enjoy Beautiful Sights

*Expert care gets us dialed in...*

Diagnostic Measure



Treatment Goal



Quality of Life Outcome



# 20/20 Hearing

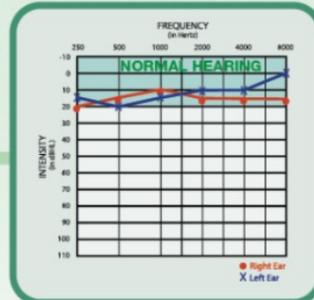
Helps Us Experience Precious Sounds

*Expert care ensures the best fit...*

Diagnostic Measure



Treatment Goal



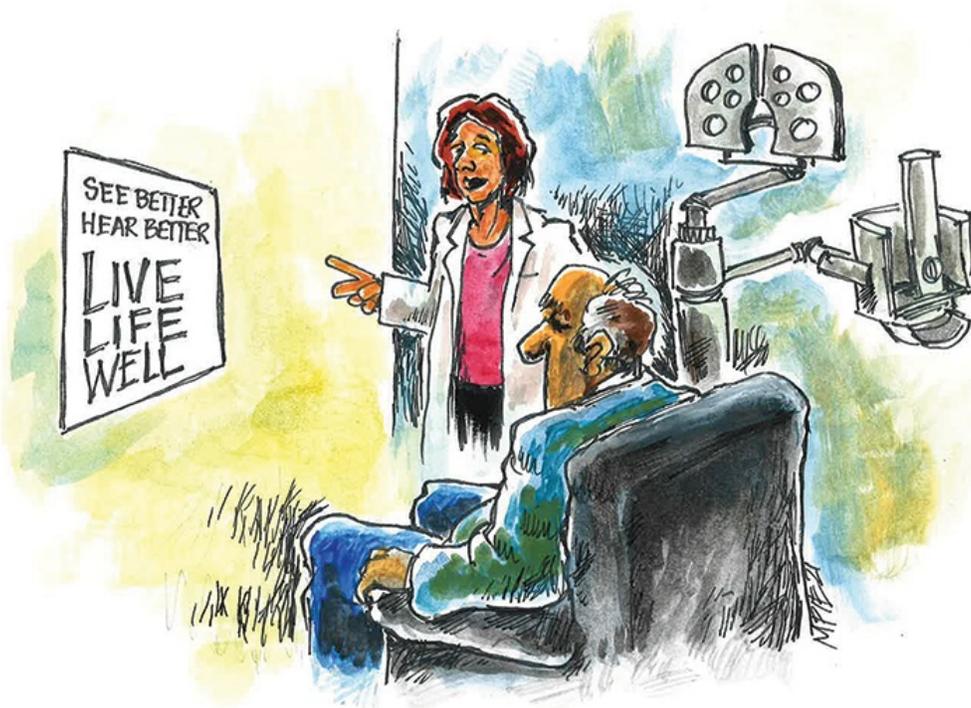
Quality of Life Outcome



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And while we take your hearing care seriously,  
a little laughter goes a long way.

## Good Humor, Healthy Hearing



*Which lines are clear?*

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From adventure to comedy, there are fantastic family movies for everyone at home.  
Pick flicks and make it a movie night.



## 75 Classic Family Movies Everyone Will Enjoy

As you see your Ophthalmologist or Optometrist for annual eye exams, it makes sense for you and your loved ones get a professional hearing evaluation at least once a year. In early 2022, we are eager to see and hear from you soon. In fact, **Sights and Sounds** both matter!

## VISIT OUR WEBSITE

[LEARN MORE](#)

Schedule an appointment for you or your loved ones.  
**(352) 674-1799**



The Villages  
Health®

**Audiology Department**

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