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localnews



CONSUMER NEWS & INVESTING

From how the markets fared to insights into the local economy, your daily business report, **C8-9**



LOCAL NEWS ALERTS

Get caught up with a livestream of WVLG Radio news online at thevillagesdailysun.com



HOW TO REACH US

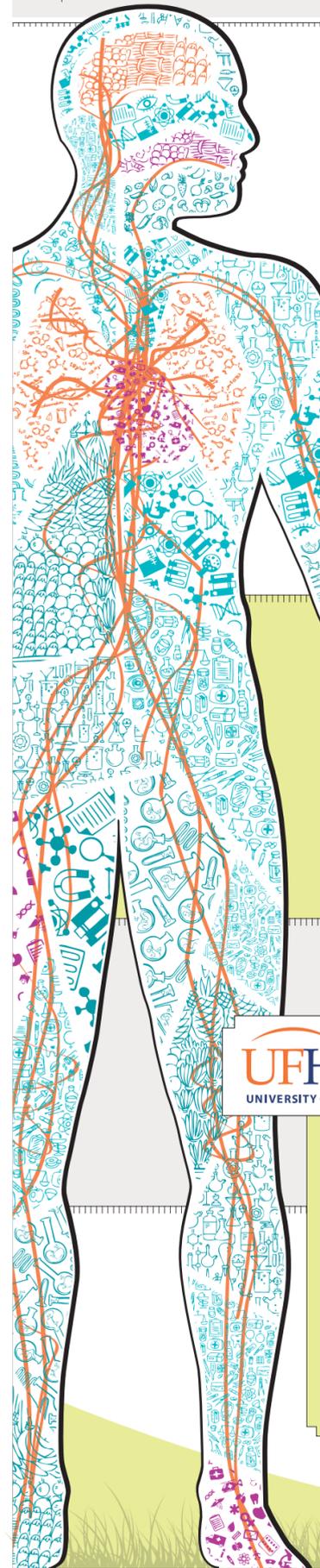
Have a news tip or a general question? Contact Holly Lawler at **352-753-1119, ext. 5303**

Yesterday
Economic Report

HEALTH CARE REPORT

A FRIDAY ROUNDUP OF THE MEDICAL LANDSCAPE

Tomorrow
Religion Report



America's Healthiest Hometown

Our community medical partners are committed to making The Villages a preeminent home to quality health care, longevity and enhanced quality of life for seniors. It's a mission crafted through innovative primary care practices, cutting edge technology, a nationally renown hospital system and research university.

From UF Health Doctors

UF's emergency department doctors remind you that ER's are for the well being and care of critically injured and ill, not solely for COVID-19 testing. They encourage those with minor COVID-19 symptoms to seek out testing sites, or schedule a test with a pharmacy, such as Walgreens or CVS, or check with your primary care physician, if they desire a test. They further remind the public that getting vaccinated can help reduce the risk of severe illness and the need for emergency care. If you need help, go to vaccines.gov to learn who's offering the vaccine near you.

From UF Health Researchers

University of Florida researchers are using artificial intelligence to predict postoperative complications and use that information directly in patient care. The prediction framework identifies patients who might otherwise be undertriaged, or having a high-level of complication risk, yet were assigned a low level of monitoring or care. Researchers say there is concrete, data-driven evidence regarding connections between postoperative undertriage and patient outcomes. Researchers contend this the first ways electronic health record data can be used to optimize clinical judgement.

At UF Health Hospitals

Prescribing to 'It Takes a Village' thinking, the hospitals are asking residents to share the news of the many job opportunities and are offering a referral bonus gift following a hire. UF Health invites the public to connect extended family members, friends or former colleagues seeking medical careers. To learn more or view open positions, visit jobs.centralfloridahealth.org/ today. UF Health offers a generous compensation and benefits package, including employer-matched 401K plans, tuition reimbursement, paid time off and sign-on bonuses for eligible positions.



UF Health includes a hospital network, six colleges, nationally renown physicians and professors, all deeply connected to its community hospitals in The Villages and Leesburg.

LOCAL EVENTS

BOOST YOUR HEALTH I.Q.

The Villages Health

1

Did you know The Villages Health offers a body composition analysis class for its patients? Then next opportunity is Tuesday from 11 a.m. to noon at the Pinellas Care Center. Register online at thevillageshealth.com by clicking on the Learning Center link. Space is limited.

2

Regular exercise of 150 to 300 minutes of moderate to vigorous activity per week can reduce your risk of developing Type 2 diabetes by 25 to 35%, as well as improve your overall health. That health benefit could take as little as 21 to 42 minutes each day.

3

If you're Medicare eligible, did you know you can schedule a tour to check out a The Villages Health Care Center? Call or visit a New Patient Specialist 8:30 a.m. to 5 p.m. Monday through Friday. Walk-ins are welcome, but appointments encouraged by calling 352-205-4032.

Join a Clinical Study: Opportunities to participate in health care research in The Villages include Charter Research (charterresearch.com/open-studies) and the UF Health Precision Research Center (ufhealth.org/research-studies-clinical-trials).

THIS & THAT

CURT HILLS

The Return of Seasonal Flu Reminds Us Of Key Health Tips



How to Contact Curt Hills
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The CDC reminds us of some simple tips to stay well during the flu season, such as avoid close contact with people who are sick, stay home if we're ill ourselves, cover our mouth and nose when coughing or sneezing, wash our hands periodically and avoid touching our face, mouth and nose. Doctors such as Dr. Jeff Lowenkron, chief medical officer for The Villages Health, encourage residents to strongly consider getting a flu vaccine to help minimize severe symptoms.

VACCINE RATE HIGH AMONG CANCER STAFF

Florida Cancer Specialists, with clinics in The Villages, reports that 87% of its total staff has received their COVID vaccine doses. A survey of their patients, some immune-compromised, indicated 88% wanted their doctors, nurses and staff fully vaccinated.

INSULIN TURNS 100, DISCOVERY KEY FOR TREATMENT

A century ago insulin was discovered, taking diabetes from a death sentence to a manageable condition. Insulin costs have jumped from \$9 per vial to more than \$300, per Mayo Clinic. Florida legislators are debating a cost cap, but its failed to pass in previous years.



SCENE IN THE VILLAGES

Dave Hudson, of the Village of Springdale, works out at the Mulberry Grove Fitness Center. Daily exercise helps reduce health risks.

Rachel Stuart, Daily Sun