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# localnews



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Have a news tip or an idea for a story? Contact Holly Lawler at **352-753-1119, ext. 5303**

Yesterday  
Economic Report

## HEALTH CARE REPORT A FRIDAY ROUNDUP OF THE MEDICAL LANDSCAPE

Tomorrow  
Religion Report

# America's Healthiest Hometown

Our community medical partners are committed to making The Villages a preeminent home to quality health care, longevity and enhanced quality of life for seniors. It's a mission crafted through innovative primary care practices, cutting edge technology, a nationally renown hospital system and research university.

### From UF Health Doctors

UF Health and international stroke experts are preparing for the 9th Annual Stroke Conference on April 23 in Gainesville. They will help improve the knowledge and performance of other health care providers who care for cerebrovascular patients. The goal of the program is to reduce the gap between current evidence and existing practice in stroke care as well as review the most recent clinical trials that impact patient care algorithms and practices. They will focus on the tools needed to deliver high quality, evidence-based, patient centered stroke care.

### From UF Health Researchers

Most accurate COVID-19 tests take 24 hours or more for results, and at-home test kits are far less accurate. But researchers at the University of Florida helped develop a device that can detect infection within 30 seconds, with 90% accuracy. Researchers believe it will revolutionize diagnostics. A saliva testing strip is inserted into the device, similar to a blood glucose meter, to obtain a test result. UF has entered into a licensing agreement with a New Jersey company in hopes of making it available to medical professionals and consumers. It's not yet FDA-approved.

### At UF Health Hospitals

Located on the fifth floor of UF Health The Villages Hospital, a 30-bed acute inpatient rehabilitation facility is accredited by Commission on Accreditation of Rehabilitation Facilities. It features a therapy gym, communal dining hall, and an activities of daily living suite. Patients receive around-the-clock care, advanced physical therapy, occupational therapy, speech language pathology, social services, case management, and more. In 2021, UF Health The Villages Hospital Rehabilitation Hospital served nearly 400 patients, mostly for general rehabilitation and stroke.



UF Health includes a hospital network, six colleges, nationally renown physicians and professors, all deeply connected to its community hospitals in The Villages and Leesburg.

### LOCAL EVENTS

## BOOST YOUR HEALTH I.Q.

The Villages Health

1

Cognitive Behavior Therapy for Insomnia is offered periodically by TVH, in four weekly, hour-long sessions for \$40. Visit <https://thevillageshealth.com/wellness-programs-available-for-you/> to check upcoming sessions and a questionnaire to see if the program is right for you.

2

The Villages Health Patient Support Center, 844-TVH-WELL (884-9355), can assist patients with appointment scheduling, communicating with the clinical team, medication refills, handle referral requests, assist with patient portal and much more.

3

If you're Medicare eligible, did you know you can schedule a tour to check out a The Villages Health Care Center? Call or visit a New Patient Specialist 8:30 a.m. to 5 p.m., Monday through Friday. Walk-ins are welcome, but appointments encouraged by calling 352-205-4032.

**Join a Clinical Study:** Opportunities to participate in health care research in The Villages include Charter Research ([charterresearch.com/open-studies](http://charterresearch.com/open-studies)) and the UF Health Precision Research Center ([ufhealth.org/research-studies-clinical-trials](http://ufhealth.org/research-studies-clinical-trials)).

## THIS & THAT

### CURT HILLS

### Memory Café Provides Support, Help for Caregivers



**How to Contact Curt Hills**

352-753-1119, ext. 5287  
[curt.hills@thevillagesmedia.com](mailto:curt.hills@thevillagesmedia.com)

Our Moment Memory Café is a safe and supportive place for caregivers and their loved ones with early stage memory loss or Alzheimer's disease. Started in 2019, by Joan Bender and Dick Boyden, and later incorporated with a committed board. The memory café in The Villages is a place to socialize, experience structured activities or educational events. It meets monthly at two select recreation centers. Participants need to quality and pre-register by calling 352-775-9715.

### HEARING AND BALANCE CLINIC OFFERED

To learn how your ears can affect your balance and how to treat, register for this 60-minute information session set for 3 p.m. April 27 at The Center for Advanced Health-care at Brownwood, Suite 118 at: [thevillageshealth.com/balance-class](http://thevillageshealth.com/balance-class) or call: 352-674-1779.

### MENTAL HEALTH PROFESSIONALS MEETING APRIL 21

Mental health professionals are welcome to attend a session at SeaBreeze Recreation Center 2-4 p.m. on Thursday. Dr. David Modders, Ph.D., will present on Suicide and the Baker Act. Those needing two continuing education credits can register at [www.naswfl.org/events.html](http://www.naswfl.org/events.html).



### SCENE IN THE VILLAGES

Minimize skin cancer risk by using broad spectrum sunscreen, use hat or cap with brim and cover arms, like Vern Garske did while fishing.

George Horsford, Daily Sun