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new additions, C12**

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CONSUMER NEWS & INVESTING

From how the markets fared to insights into the local economy, your daily business report, **C10-11**



LOCAL NEWS ALERTS

Get caught up with a livestream of WVVG Radio news online at thevillagesdailysun.com



HOW TO REACH US

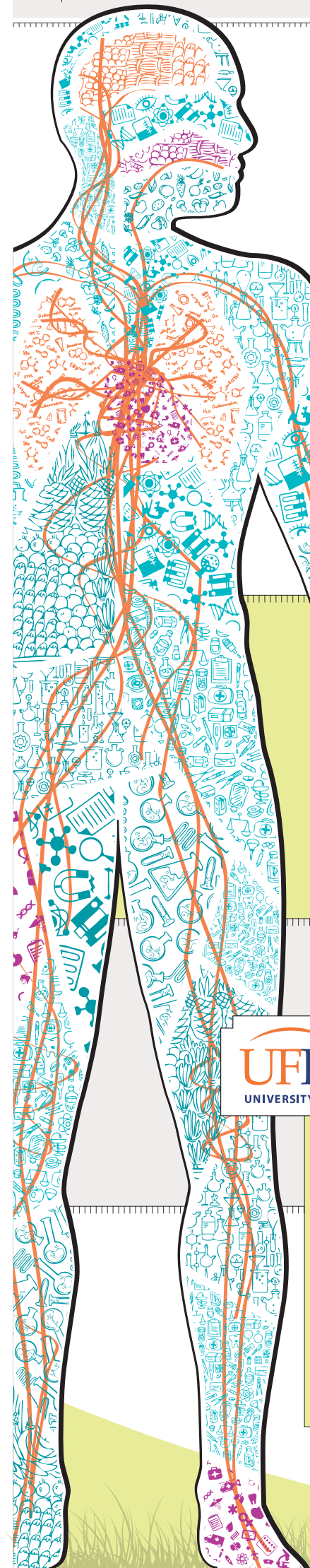
Have a news tip or an idea for a story? Contact Holly Lawler at **352-753-1119, ext. 5303**

Yesterday
Economic Report

HEALTH CARE REPORT

A FRIDAY ROUNDUP OF THE MEDICAL LANDSCAPE

Tomorrow
Religion Report



America's Healthiest Hometown

Our community medical partners are committed to making The Villages a preeminent home to quality health care, longevity and enhanced quality of life for seniors. It's a mission crafted through innovative primary care practices, cutting edge technology, a nationally renowned hospital system and research university.

From UF Health Doctors

Staff celebrated National Hospital Week at all UF Health hospital locations, including The Villages and Leesburg. The week celebrates hospitals for finding innovative ways to support the needs of patients and community, especially during the COVID-19 pandemic. Staff took part in various activities throughout the week. The American Hospital Association recognizes the 5,000 hospitals and health care systems that provide care to their communities. National Hospital Week occurs during the week of Florence Nightingale's birthday, considered the founder of modern nursing.

From UF Health Researchers

University of Florida researchers found that patients who had higher levels of inflammation during COVID-19 onset — as measured by a biomarker known as C-reactive protein — were 60% more likely to die within a year after infection than those who had lower levels of inflammation. This added review provides the “why” to an earlier study that indicated that individuals who contracted virus had twice the mortality risk within the first year following illness. Electronic health records for more than 1,200 patients hospitalized for COVID-19 over a two-year period were reviewed.

At UF Health Hospitals

Located on the fifth floor of UF Health The Villages Hospital, a 30-bed acute inpatient rehabilitation facility is accredited by Commission on Accreditation of Rehabilitation Facilities. It features a therapy gym, a communal dining hall and an activities of daily living suite. Patients receive around-the-clock care, advanced physical therapy, occupational therapy, speech language pathology, social services, case management and more. In 2021, UF Health The Villages Hospital Rehabilitation Hospital served nearly 400 patients, mostly for general rehabilitation and stroke.



UF Health includes a hospital network, six colleges, nationally renowned physicians and professors, all deeply connected to its community hospitals in The Villages and Leesburg.

LOCAL EVENTS

BOOST YOUR HEALTH I.Q.

The Villages Health

1

Healthcare professionals have a chance to join more than 600 others at The Villages Health, a patient-centered, primary care driven, multi-specialty group. TVH is conducting a job fair May 20 from 10 a.m. to 12:30 p.m. at its Lake Deaton Care Center, 779 Kristine Way.

2

Matter of Balance, a fall prevention program, builds confidence by discussing risk factors associated with falls, fear of falling and increase mindfulness of your surroundings. Exercises help build strength, flexibility, and endurance. Register via 352-674-1779. Open to all.

3

Call 844-TVH-WELL (884-9355) 7 a.m. to 5 p.m. weekdays to reach TVH's Patient Support Center. Trained staff can help with appointments, communicate to the medical team, submit medication refill requests, submit referral requests, assist with the patient portal and more.

Join a Clinical Study: Opportunities to participate in health care research in The Villages include Charter Research (charterresearch.com/open-studies) and the UF Health Precision Research Center (ufhealth.org/research-studies-clinical-trials).

THIS & THAT

CURT HILLS

Free Program Seeks 10 Veterans With PTSD Diagnosis



How to Contact Curt Hills

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Aviv Clinics in The Villages is offering hyperbaric oxygen therapy as part of a medical program at no cost to 10 military veterans diagnosed with post traumatic stress disorder. A peer-reviewed study by Aviv's founders involved 35 PTSD veterans who reported improvements of avoidance, cognition, mood changes and depression with HBOT, after current available treatments proved unsuccessful. To be considered, visit aviv-clinics.com/contact-us or call 352-488-2848.

EXERCISE KEY TO MANAGING ARTHRITIS

One in four adults, or 59 million Americans, experience arthritis. Physical activity can help ease arthritis pain and morning stiffness, improve joint flexibility, reduce likelihood of disability, and improve mood. Only 1 in 6 learn how to self-manage arthritis, the CDC reports.

THE EYES HAVE IT THIS MONTH FOR HEALTH CHECKS

During Healthy Vision Month, The National Eye Institute, is reminding people that a comprehensive dilated eye exam helps detect eye diseases before symptoms develop. Those who are overweight, have a family history of eye disease or certain ethnicity have higher risk.



SCENE IN THE VILLAGES

Tai chi can improve balance, stability and flexibility. Here, Sandy Laing teaches a class to help with arthritis and fall prevention.

India Pantin, Daily Sun