

The Villages Health

Introducing the New & Improved Learning Center



The Villages Health is excited to announce our redesigned Learning Center!

Visitors can easily browse our upcoming wellness programs and register for them all in one centralized hub. With a diverse and evolving selection of course offerings, everyone is sure to find the right program for their needs.

Our Learning Center programs are open to patients and non-patients. All visitors have to do to attend is register!

Registering for classes is easier than ever!

STEP 1 —

Select your classes, provide your information, and add them to your cart.

STEP 2 —

Go to your cart to complete the checkout process.

STEP 3 —

Get your confirmation email for your reserved seat. You're all set!

Issues with registration? Contact our Population Health Team at 353-674-1779.

Our Wellness Programs

The Villages Health offers a variety of classes, wellness programs, and courses to help keep you healthy:

- › Brain Health
- › Cancer Prevention
- › Cardiovascular Disease
- › Diabetes
- › Fall Prevention
- › Fitness
- › Healthy Aging
- › Hearing Health
- › Medicare
- › Nutrition
- › Sleep
- › Weight Loss

Visit the new Learning Center at
TheVillagesHealth.com/Learning-Center