

Preparing for Your Surgery

You are scheduled for an upcoming surgery. Please follow all the instructions below to prevent your surgery from being cancelled.

Prior to Surgery:

- STOP all Aspirin, Garlic, Fish Oil, Vitamin E, and any other non-prescription blood thinning agents 7 days prior to Surgery.
 - If you don't stop taking these, it may result in having to cancel and reschedule your surgery to the next available date.
- Follow the direction for prescription blood thinners that you were given by your Cardiologist.
 - If you don't follow that direction, it may result in having to cancel and reschedule your surgery to the next available date.
- You will need to arrive at the hospital 1 hour prior to your scheduled surgery time.
- The Cath Lab at the hospital will call you prior to your surgery to verify your arrival time, as well as the time of your surgery.

Day of Surgery:

- Do NOT eat or drink anything after midnight the night before your surgery.
 - Take no medications before your procedure unless you have been given instructions to do so. If you were told to take any medications, take them with the smallest sip of water necessary to ingest them.
 - If you eat or drink after midnight, your surgery will be cancelled and rescheduled to the next available date.
- Do not bring any jewelry with you. All jewelry must be removed prior to the surgery, or your surgery could be canceled; this includes wedding bands, watches, earrings, necklaces, bracelets, and ankle bracelets.
- Remove all fake nails and nail polish.
- Shower the morning of surgery with an antimicrobial soap (such as Dial).
- Wear warm, loose, comfortable clothing.
- Wear comfortable low-heeled shoes.
- Bring your Advanced Directives (if you have), Insurance cards and Photo ID.
- If you wear glasses, contact lenses, dentures, or a hearing aid and wish to have them with you during your procedure, that is permissible. Please bring containers for them so they can be stored during your procedure.
- You will need a driver to bring you home from your surgery. You will NOT be allowed to drive yourself home.

If you have any surgery scheduling questions, please contact your Surgery Scheduler. If you are having health-related difficulties before or after your surgery, please contact the main number at (352) 674-8700. They will be able to help you reach the nurse's during normal office hours and the physician on call after hours.