


BEFORE THEY WERE VILLAGERS | D5
Lynette Milakovich worked as a San Bernardino County, California, court reporter for 42 years.

6 a.m. 9 a.m. 12 p.m. 3 p.m. 6 p.m. 9 p.m.

76° 80° 86° 88° 86° 82°

GARRETT SHIFLET ON SCHOOLS | D1
The Villages High School has a new after-school academic program for students.



TOP WORLD AND NATION NEWS

POWER LINES COME UNDER SCRUTINY AFTER FIRES, A5

Around the World: Israel clinches defense deal with Germany. **A3**

Across the Nation: Oklahoma high court to hear reparations case. **A10**

Around the World: Pollution reaches crisis level in Venezuela lake. **A12**

SPORTS NEWS

CALEB WILLIAMS, TROJANS GO TROPHY HUNTING

The quarterback's first season at Southern California was a success, as evidenced by his Heisman Trophy and draft prospects. **B1**

LOCAL NEWS

CONSERVATION CENTER OFFERS ARCHERY CLASSES

The Chinsegut Conservation Center offers guided hikes and archery courses, as well as events throughout the year for adults and children. **D7**

BUSINESS NEWS

RETURN TO OFFICE FUELS RECORD WORK TRAVEL

Airlines, hotels and the hospitality industry are feeling the demand for corporate travelers as businesses push to get back to the office. **D11**

OUR TOWN | FLORIDA'S HEALTHIEST HOMETOWN


Put Immunizations On Your Fall Agenda

WHO SHOULD GET A FLU VACCINE?

Everyone is eligible for the flu vaccine. It's suggested, however, that people talk to their doctors about which vaccine is right for them. There are currently three: the standard flu vaccines, the 65-plus vaccine and an egg-free vaccine is available at select locations. The flu shot is covered by most insurance plans with no copayment, although provider networks may vary. Those enrolled in Medicare Part B and many with Medicaid in certain states also may receive the flu shot at no cost.

WHERE TO GET VACCINATIONS IN THE VILLAGES

Places around The Villages to get flu, RSV and COVID-19 boosters for the 2023 fall virus season include Publix, Walmart, CVS and Walgreens, as well The Villages Health in September.



National Institute of Allergy and Infectious Diseases

International scientists collaborate during mRNA vaccine production at the NIAID Vaccine Research Center. The mRNA vaccine platform, which is used to make COVID-19 vaccines, has shown promise for the development of a universal flu vaccine.

COVID-19

XBB.1.5 is the latest Omicron variant flagged by the World Health Organization because of mutations that signal it could be more severe or contagious than other emerging variants.

THE FLU

The flu vaccine has been shown to reduce the risk of having to go to the doctor with flu by 40% to 60%, according to the CDC.

RSV

The RSV virus is estimated to cause about 14,000 annual deaths in U.S. adults older than 65.

By TAYLOR STRICKLAND
Daily Sun Senior Writer

Residents should start scheduling fall immunizations now, experts say.

Vaccines for flu and respiratory syncytial virus, or RSV, are available ahead of the fall virus season, which typically takes place from October to May in the United States. Clinicians suggest most people get vaccinated in September, as flu vaccines take at least two weeks to fully take effect.

"Flu vaccination is important for most people, as it has a broader

Please See VACCINES, A9

Poll: DeSantis, Trump Would Tie Biden in Face-Off

DECISION 2024

Florida's governor fares slightly better than rival in a potential matchup against the president.

Wire Services

Former President Donald Trump and Florida Gov. Ron DeSantis are virtually tied with President Joe Biden in theoretical head-to-head matchups heading into the 2024 presidential campaign, according to new polling data.

The Center Square Voters' Voices Poll, conducted in conjunction with Noble Predictive Insights, found that in a face-off, Trump has 41% support compared to Biden's 44% support, while 15% remain unsure.

Please See POLL, A8

ONLY IN THE VILLAGES

By Jean Racine

Competing against the best masters swimmers in the U.S. and around the world can be nerve-racking. But Gail Grossman did not succumb to the pressure.

The Village of Bridgeport at Lake Sumter resident, along with three other women, won two gold medals and two national championships in the 200-meter medley and 200-meter freestyle relay in the 320-plus age group at the U.S. Masters 2023 Summer National Championship held earlier this month.

"There were 1,240 swimmers registered, so it was very crowded," Grossman explained. "But it felt wonderful to be there and to be

Please See GROSSMAN, A8

EXPLORE & EXPERIENCE

OUT & ABOUT IN THE VILLAGES

Try This Today: Give Joints a Break With a Game With Touch Tennis

Touch tennis is a modified version of traditional tennis that is played on a platform court with shorter racquets and softer balls. Touch tennis is offered at Everglades, Eisenhower, SeaBreeze, Rohan, First Responders and Clarendon recreation with equipment available to check out. Anyone can play touch tennis — from beginners such as Rob Ibbetson, of the Village of Woodbury, at First Responders Recreation, to advanced players. The game is similar to tennis and platform tennis in terms of scoring, but is easier on the joints and less physically taxing to play.

— Greg Hughes, Daily Sun



George Horsford | Daily Sun

IN ENTERTAINMENT

Pet Adoption And Information Event Is Today

Find out more, E1

Plus: Find the lineup of entertainment at the town squares, theaters and beyond, **E3**

AT RECREATION CENTERS

Happening near you: From aqua aerobics to Zumba and everything in between, there's fun for everyone, **D8-9**

LOVIN' THE LIFESTYLE

Plan your perfect day in The Villages, **E1**

Recipes	E1
Poetry	E4
Advice	E5
Comics	E6
Puzzles	E7
Horoscope	E9

from the front page

VACCINES

Continued from A1

population of people at risk," said Dr. Jeffrey Lowenkron, chief medical officer at The Villages Health.

Vaccines have arrived at local pharmacies and county health departments and are on the way to The Villages Health. COVID-19 vaccines and boosters also are still available, and vaccine manufacturers Moderna, Pfizer and Novavax are expected to release a new COVID-19 vaccine in September.

What Is the Timeline?

The Centers for Disease Control and Prevention estimates that during the 2022-23 flu season, the virus caused at least 27 million illnesses, 300,000 hospitalizations and 19,000 deaths.

The flu is contagious for anyone, but it can be especially dangerous for seniors and other vulnerable populations like young children and those with compromised immune systems. About 90% of flu-related deaths occur in adults 65 years and older, according to the CDC.

The CDC reports that flu and cold season in the United States runs from October to May, with most flu activity peaking between December and February. Flu, much like the common cold, is more likely to spread during the fall and winter months because the viruses are more stable at colder temperatures.

Flu Vaccines

Regular flu vaccines can be administered to anyone, but the high dose is specifically formulated for seniors because it triggers a stronger immune response. Quadrivalent vaccines protect against multiple kinds of flu viruses.

"We are scheduled to begin receiving both regular and high dose Quadrivalent Influenza vaccines at the beginning of September and will

GET YOUR VACCINATION

CVS: Standard vaccine, Egg-Free, 65-plus vaccine

CVS customers can make appointments with a pharmacist by visiting cvs.com, using the CVS app or texting FLU to 287898. They also will be able to complete a digital intake form prior to their visit to limit in-person contact at the time of vaccination. Walk-ins are welcome at CVS throughout the flu season.

Walgreens: Standard vaccine, 65-plus vaccine

Walgreens customers can make vaccination appointments with a pharmacist by visiting tinyurl.com/3dpeuy2j, using the Walgreens app or calling 1-800-WALGREENS. Walk-ins are welcome at Walgreens throughout the flu season.

Walmart: Standard vaccine, 65-plus vaccine

Walmart customers can make vaccination appointments with a pharmacist by visiting tinyurl.com/c3hw5y78. Walk-ins are welcome at Walmart throughout the flu season.

Publix: Standard vaccine, 65-plus vaccine

Publix customers can make vaccination appointments with a pharmacist by visiting tinyurl.com/2ub9zyya. Walk-ins are welcome at Publix.

begin offering them at all of our primary care centers," said registered nurse Karen Tobin, director of clinical shared services at The Villages Health.

Nearly all flu vaccines today contain a small amount of egg protein. Egg-free vaccines



Syringes with vaccines are prepared at the L.A. Care and Blue Shield of California Promise Health Plans' Community Resource Center. Vaccines for flu, COVID-19 and respiratory syncytial virus are available ahead of the fall virus season, which typically takes place from October to May in the United States.

Mark J. Terrill, The Associated Press

are available, but the CDC reports that those with egg allergies can receive egg-based vaccines so long as the allergy is not severe. CVS offers egg-free vaccines.

RSV Vaccine

Another illness of concern for the fall season is RSV. The new RSV vaccines, which earned approval from the U.S. Food and Drug Administration earlier this year, also are available at most pharmacies. Much like the flu, RSV commonly affects those 65 years and older as well as young children.

"RSV is typically an illness of children, with the greatest risk in the very young," Lowenkron said. "There are a subset of older adults with underlying lung disease who will have risk if infected. The vaccine is not recommended for everyone, but should be considered by those with underlying lung disease."

Each year, it is estimated that between 60,000 and 160,000 older adults in the United States are hospitalized with RSV. CDC reports show that the new RSV vaccine has an efficacy rate of 81.8%.

The Villages Health will not be offering RSV vaccines,

Lowenkron said.

COVID-19 Vaccines

As for COVID-19, vaccines are available at every pharmacy and The Villages Health primary care facilities. The existing booster is for the Omicron variant.

"COVID is picking up some, with a less virulent strain," Lowenkron said. "There are additional cases being seen in

the local hospitals and nationally. For those who have not had a booster, it is reasonable to get it. This is also available at TVH."

The new COVID vaccines from Moderna, Pfizer and Novavax are expected to be released in September, and they are specifically formulated to combat the XBB.1.5 Omicron variant. The new vaccine will be distributed in all major pharmacies and The Villages Health primary care

centers and can be administered at the same time as flu and RSV vaccines.

Though there has been much discussion on the subject of whether or not the COVID-19 boosters should be treated like the flu vaccine and added to recommended annual immunizations, Tobin said there is no way to know at this time. How often someone gets COVID-19 vaccines should be discussed with their doctor.

More Information

Local county health department also provide vaccines at select clinics, and vaccines are free for Medicaid recipients and the uninsured. To find out more, call the Florida Department of Health in Sumter County — The Villages at 352-689-4675. Call Lake County's office at 352-589-6424 or Marion County's at 352-629-0137.

More information from the Florida Department of Health is at floridahealth.gov.

Call 1-844-TVH WELL to contact a nearby The Villages Health care center.

Senior writer Taylor Strickland can be reached at 352-753-1119, ext. 5334, or taylor.strickland@thevillagesmedia.com.

Adventure Boat Share

WE PAY & PROVIDE

- New Boats
- Cleaning
- Insurance
- Unlimited Training
- Dock Slip Fee
- Maintenance
- Tow Coverage
- Phone App
- Dock Concierge
- Sun Up to Sun Down Boating

UNLIMITED HASSLE-FREE BOATING
on The Harris Chain of Lakes & Crystal River with Gulf Access

1126 E. North Blvd. East
Leesburg
www.AdventureBoatShare.com
352-787-4824

Check out our 5+ Google reviews!

Boat Club Powered by **MERCURY**

SCAN ME

New Plans for Spring Starting @ \$275 monthly

CELEBRATING 30+ YEARS OF PRACTICE

RoyalDental THE VILLAGES
Where Everyone is Treated Like Royalty

Ultra Zirconia Crowns & Bridges By Appointment One Day Delivery

Regular Cleaning (D1110)
Comprehensive Exam (D0150)
Full Mouth X-rays* (D0210)
\$94.99 **
LIMITED TIME ONLY

• Nitrous Oxide • Creative Financing (Some restrictions apply)
NEW PATIENT SPECIALS!

Implants (D6010) (Base Only)
Regular Size Implants
*No Mini Implants
\$889 **

Ultra Zirconia Crowns (D2740)
\$689 **

Same Day Treatments, Normal Value \$1,100
**New patients only. Must present this ad at time of appointment. Expires 8/31/23.

Accepting patients at BOTH locations VISIT US BY GOLF CART!
NOW OPEN! Palm Ridge Plaza
11962 CR 101, Suite 304, The Villages, FL 32162
(352) 751-4446

8493 SE 165th Mulberry Ln., The Villages, FL 32162
(352) 751-4446
Just off Hwy 42 (Next to Mulberry Recreation Center in the Mulberry Grove Professional Plaza)

Both Locations Open Monday-Thursday
www.RoyalDentalTheVillages.com
GERMAN GAITAN, DDS, FAAID, FICOI

We take most PPO Insurance

CART WORLD GOLF CARS

SUMMER CLEARANCE
ALL 2023 CLUB CARS MUST GO!

NEW 2023 Club Car ONWARD LIFTED 4-6 PASSENGER

Features include:

- Premium Seats
- 14" Aluminum Wheels w/All Terrain Tires
- Fender Flares
- Brush Guard
- Canopy Top
- Sunbrella Enclosure
- LED Headlight Package
- Hinged Tinted Windshield
- Mirror Package
- Digital Fuel / Battery Gauge
- Pinstripes / Names
- USB Charging Ports
- Sport Steering Wheel
- Dual Cupholders
- 8 Metallic Finishes

BONUS DISCOUNTS UP TO \$1,250

Available in EFI Gas, Electric or Lithium Power!

CARS IN-STOCK NOW BUY NOW SAVE BIG!

0% FINANCING AVAILABLE

TUNNEL FRIENDLY

Why Shop Anywhere Else? We Have It All! The Largest Club Car Dealer in the USA

Mon thru Fri 8 am - 5 pm
Saturday 9 am - 12 pm
www.cartworldgolfcars.com

CLUB CAR'S TRI-COUNTY AUTHORIZED DEALER FOR 35 YEARS!
133 Hermosa St. • U.S. 27/441 • Lady Lake, FL 32159 • 753-1800

MEET DR. NAM DINH

TALK OF THE TOWN

JOINT PAIN AND ARTHRITIS Understand Your Pain

FOOD & REFRESHMENTS

AUG 30 | 5555 E. SR 44, UNIT 2 WILDWOOD, FL 34785 | 12:30 PM
LIMITED SPACE PLEASE RSVP: 407.355.3120

Optimotion ORTHOPAEDICS
For a Healthy and Active Lifestyle
www.optimotion.com

WANTED 20 SENIORS!
With little or no musical experience

6 EASY Lessons
Only **\$20!**

Learn the basic fundamentals of any keyboard style instrument!
You'll be playing six or more songs in six weeks!
No Instrument Required!

Includes all class materials and guest membership to all music club events!

Start a New Hobby

Spanish Plaines Plaza
1560 Bella Cruz Dr.
www.fletchermusic.com

FLETCHER music centers
We've Taught Thousands to Play!