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By Loren Fishman



SUNDAY, LOCAL COMMENTARY | MONDAY, TUESDAY, THURSDAY & FRIDAY, POLITICAL OPINION | WEDNESDAY, HEALTH & WELLNESS ADVICE | SATURDAY, POSITIVE LIVING

A VIEW FROM THE VILLAGES HEALTH

Did know that if you have newly moved to The Villages and surrounding communities, are soon turning 65, have certain qualifying medical conditions, or are in Medicare Annual Enrollment Period (every year from Oct. 15 to Dec. 7), you have some important decisions to make when it comes to examining your Medicare options?



Emilio Noble

COMMENTARY

Did you also know that The Villages Health offers in-person Medicare Simplified classes to help you better understand those choices? It's true. We offer sessions to help you better understand your Medicare choices — from the difference between Original Medicare and Medicare Advantage — to how to save money on prescription drugs — to everything in between.

Our trained professionals are on hand during monthly sessions, which are offered free of charge. What's more is that you don't have to be a patient of The Villages Health or a resident of The Villages to attend. And you can bring a friend.

The Villages Health is a healthcare system modeled specifically for your unique lifestyle — one that helps you enjoy the active, vibrant lifestyle you deserve by keeping your healthy and healing you quickly.

At The Villages Health, we help take the guesswork out of your decisions when it comes to Medicare by partnering with only a select few Medicare Advantage plans. When it comes to choosing a Medicare plan, it is important to consider the impact on your total well-being. It's not just a decision about what doctor to see when

you are sick. It's a decision about the team of people who are going to keep you healthy for years to come — and not just physically, but also emotionally and financially.

With one of The Villages Health's accepted Florida Medicare Advantage plans, our patients stay healthier, experience less stress, and save money on their health care services in a variety of ways, including:

- » Physically (Healthier)
- » Longer appointments
- » Fewer hospitalizations
- » Fewer emergency room visits
- » Coordinated care between primary and specialty services
- » Emotionally (Less stressed)
- » One simple plan to manage
- » Little to no wait times
- » Same-day sick appointments
- » Freedom to travel
- » 98% of our Medicare Advantage patients report annual savings of more than \$2,000
- » Less than 1% reach their maximum out-of-pocket costs

Patients of The Villages Health enjoy a selection of plans offered by UnitedHealthcare, Florida Blue, and Humana. Many have learned that some Medicare Advantage plans offer additional benefits, including dental and vision care, over-the-counter medications, and more that may not be covered by Original Medicare. Also, some studies indicate that about one in four people say the extra benefits offered by Medicare Advantage persuaded them to choose an Advantage Plan over Original Medicare.

We understand that making a decision about your Medicare choices can be confusing and overwhelming, not to mention time-consuming. That's why we created this special class to help you cut through the clutter. In just 60 minutes, our Medicare Simplified classes have assisted hundreds of people learn the essential of Medicare, including who is eligible, and how to enroll. One Medicare Simplified class

attendee commented that “the free course taught by The Villages Health showed us how to make a choice that gives us access to world-class health care right here in our community.”

When your 65th birthday rolls around or you are ready to move, you can relax knowing you've made an informed decision and will have access to the best the area has to offer in healthcare.

When it comes to choosing a Medicare plan, it is important to consider the impact on your total well-being.”

Attend one of our Medicare Simplified classes soon. Spaces are limited and on a first-come, first-served basis. Multiple class times are available. To register, visit our website at thevillageshealth.com/medicare-simplified-class or call us today at (844) TVH-WELL (844) 884-9355.

Emilio Noble is vice president of sales and marketing for The Villages Health.

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