

Rabies	C2
Superbugs	C3
Dry January	C4
Alzheimer's	C5
Narcolepsy	C6
Weight Loss	C8



Health story tips
and questions: Call
352-753-1119 ext. 5297

HealthExtra

Superbugs Susceptible To New Antibiotic, C3

Dry January: Five tips from a health professional on how to cut back on drinking. **C4**

Alzheimer's research: Scientists have found that ultrasound can help with drug absorption. **C5**

America's Healthiest Hometown

Our community medical partners are committed to making The Villages a preeminent home to quality health care, longevity and enhanced quality of life for seniors. It's a mission crafted through innovative primary care practices, cutting edge technology, a nationally renowned hospital system and research university. Here is a roundup of health and medical happenings this week, compiled by Daily Sun Senior Writer Summer Jarro.

From the Local Health Community

A new law in Florida is in effect for law enforcement to start a registry for those with special needs or disabilities such as Alzheimer's or dementia, according to a press release. It will help law enforcement know if someone has one of the conditions, in case they interact with them at some point. "These registries will provide some peace of mind for caregivers and an extra level of protection for those impacted by Alzheimer's and other dementia," said Alex Anderson, vice president of public policy at the Alzheimer's Association Florida chapters, in a statement.

From Local Health Researchers

K2 Medical Research in The Villages is one of several locations in the country participating in a study to see how effective the drug ABBV-552 is in treating symptoms of early Alzheimer's disease, according to the National Library of Medicine. Participants have been put in one of four groups, with one group being a placebo group. During the study, participants are visiting a hospital or clinic and being checked on how effective the treatment is through blood tests, medical assessments, questionnaires and more. The study began last April and is expected to be completed this summer.

At The Villages Health Learning Center

The Villages Health Learning Center is focused on keeping people healthy and has a variety of classes and screenings to help the community get the best information. The Villages Health Learning Center has several featured sessions available for the month, including "How to Create Good Habits That Stick" at 3 p.m. Monday at The Villages Health Pinellas Care Center. Attendees will learn how to develop healthier lifestyle habits. Other session topics include brain health, body composition, reducing risk of falls and more. For information, visit thevillageshealth.com/learning-center.

The Villages Health

The Villages Health opened its doors in 2012 with the goal of putting the focus back on patients. It includes seven primary, and two specialty, care centers in the community.

LOCAL EVENTS

BOOST YOUR HEALTH I.Q.

1

The Villages Health is offering a free Medicare Simplified class to help people better understand their Medicare choices. There is a class at 10 a.m. Thursday at the The Villages Health Brownwood Care Center. For information and to register, visit thevillageshealth.com.

2

The Marion County Library System and Coping with Dementia LLC have announced another series of free "ABCs of Dementia" workshops. The workshops start Thursday and go until May. For more information or to reserve seats for a workshop, call 352-422-3663 or e-mail deb@coping.today.

3

The Villages Health is working to address three health issues: fall prevention and balance, urinary incontinence, and exercise. The Villages Health has a Patient Experience page with videos, classes, and ongoing programs about these health topics and others. Visit thevillageshealth.com/patient-experience.

Join a Clinical Study: Opportunities to participate in health care research in The Villages include Charter Research (charterresearch.com/open-studies) and the UF Health Precision Research Center (tinyurl.com/UFVillagesResearch).

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