TUESDAY, FEBRUARY 13, 2024 🛹 (🌋)🔊 THE VILLAGES DAILY SUN



Health story tips and questions: Call 2-753-1119 ext. 5374

New Imaging Detects Poor Heart Pumping, C2

Chronic Wasting Disease: Scientists are worried about the rapid spread in deer. **C4**

Edible fungi: Mushrooms are low in calories, and they're packed with nutrients. C7



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SECTION

FEATURING

INSIDE

America's Healthiest Hometown

Our community medical partners are committed to making The Villages a preeminent home to quality health care, longevity and enhanced quality of life for seniors. It's a mission crafted through innovative primary care practices, cutting edge technology, a nationally renowned hospital system and research university. Here is a roundup of health and medical happenings this week, compiled by Daily Sun Specialty Editor Veronica Gallagher.

From The Local Health Community

The Visually Impaired Persons club will make its Ezell Recreation debut Monday, with an open house meeting. Doors open at 1 p.m. and the meeting concludes at 2:30 p.m. This adds a second location for the VIP club, which will continue to meet at Bridgeport Recreation on the first Thursday of each month at 1 p.m. as well. Donna Evans will serve as chairperson for the new Ezell gathering. Share the news with your visually impaired family or friends and let them know that surprise guests are possible.

From Local Health Researchers

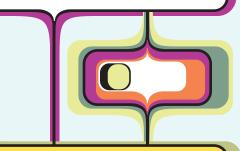


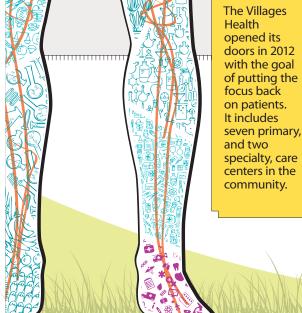
Merck Sharp & Dohme pharmaceutical has developed MK-2214, an anti-tau monoclonal anitbody drug that is currently in clinical trials. Tau is a protein in the brain that is found to build up in those diagnosed with Alzheimer's disease, so researchers are wanting to potentially reduce or minimize this buildup with this drug. Charter Research, 1025 Lake Sumter Landing, The Villages continues to look for participants, ages 50 to 80, with mild cognitive impairment or mild-

TLC Services offers "Weigh to Go," an in-person, 7-week program from 1 to 3 p.m. Mondays from March 4 to April 15 for those serious and committed to losing weight. Visit tlc-services. org and go to the events page for more information and to register. Free, with donations accepted.

Trinity Springs will host 'Go Red for Women," a stroke and heart attack awareness program led by Cynthia Thiede, with VITAS Healthcare. The importance of hydration also will be discussed. Seating is limited, so RSVP to Trinity Springs, 12120 County Road 103 in Oxford, at 352-571-5546.

SHINE, or Serving Health Insurance Needs of Elders, offers "Understanding Medicare" at 1 p.m. Wednesday at Aviary Recreation. The presentation is geared for those turning 65. Go to floridashine.org for more information, including one-on-one Medicare counseling opportunities throughout The Villages and surrounding area.





INTERNAL MEDICINE AND

PRIMARY CARE PHYSICIANS

to-moderate Alzheimer's to investigate the safety, tolerability and body's interactions with the drug. The clinicial study ID is NCT05466422.

At The Villages Health Learning Center

Put yourself in the shoes of someone living with dementia to gain a better understanding of their world and the challenges they face. The Villages Health offers multiple Virtual Dementia Tours throughout the morning of Feb. 22. The program lasts approximately an hour, including a 10-minute simulation that is scientifically proven to simulate a better understanding of the world of dementia. Respite services are not provided for caregivers. Participants should wear socks and closed toe shoes. For more information or to register, visit thevillageshealth.com/ learning-center/ to check out the brain health events.

Join a Clinical Study: Opportunities to participate in health care research in The Villages include Charter Research (charterresearch.com/open-studies) and the UF Health Precision Research Center (tinyurl.com/UFVillagesResearch).



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Bethany Medical Plaza, 2986 CR 503, Wildwood, FL 34785 www.sinaihealthcarefl.com

