

Renal/Pelvic Ultrasound Prep

For your safety and comfort please adhere to the following:

- ❖ When you wake up, consume one or two cups of water to initiate the hydration process.
- ❖ Take all prescribed medications as directed.
- ❖ You may eat; fasting is not required; there are no restrictions on caffeine. However, please finish **2 hours prior** to your exam.
- ❖ Please empty your bladder **90 minutes prior** to your appointment.
- ❖ **1 hour prior** to your exam drink 16oz of water **quickly**, and hold. Do not void once you finish drinking.
- ❖ **Do NOT empty** your bladder until instructed to do so by the technologist performing your exam.
- ❖ Arrive 15 minutes before the appointment time to get checked in.

If you have any questions or concerns, please contact the main office at 352-674-8700