



*meet*

**Teresa Horst**

MD

---

*Family Medicine*

---

HOMETOWN

Anchorage, AK

UNDERGRADUATE

University of Alaska  
Anchorage

MEDICAL SCHOOL

American University of the  
Caribbean (St Maarten)

BOARD CERTIFIED

American Academy of  
Family Physicians



*"I believe that patients should be involved in their own healthcare. My goal is to be a doctor who can guide patients to be as healthy as they want to be. Clinic visits will be discussions with me sharing my medical knowledge and recommendations and working together to make decisions."*

